

APPENDIX I. AOD Program Services Activities

Reporting Unit Key:

Athletics= ATHLETICS
 Campus Life = CL
 Counseling and Psychological Services = CAPS
 Office of the Dean of Students= DOS
 Prevention Research Faculty= FACULTY
 Office of Employee Assistance= EA
 Healthy Living Program =HLP
 Residential Life = RESLIFE
 Office Student Conduct and Conflict Resolution = SCCR
 University Police Department= UPD

One Time Activities

July 1, 2014- June 30, 2015						
Date	Activity	Reporting Unit	Objective	# of Sessions	Total # of Participants	Primary Audience
Fall 2014	Graduate student Homecoming observations and policy proposals for alcohol	FACULTY	Critically observe the launch of beer sales of beer at athletic events and provide formative data for prevention programs. In order to do so, graduate students in PHC 6602: <i>Theoretical Foundations of Health Behavior</i> , were tasked with Homecoming game tailgate observations, proposing initiatives for a “drink responsibly” campaign, and making alcohol policy recommendations and presented these to the Taskforce.	1	19 students and AOD Taskforce Members	Students
Oct 2014	Miami-Dade Police DUI Mobile Unit	ATHLETICS	Promote awareness of complications and consequences of driving under the influence.	1	58	Students
Jan 2015	Core drug and alcohol survey	FACULTY	Quantify students’ attitudes, perceptions, and opinions about drugs and alcohol, as well as actual behaviors, patterns of use, and consequences. The purpose of this survey is to provide quantitative assessments that inform and direct student life programming efforts/To describe self-reported alcohol and other drug use by FIU students.	1	450	Students
FY 14-15	Annual Employee Health Fair	EA	Offer free and confidential assessment, referral, treatment coordination and ongoing assistance to employees and dependents with substance use/abuse issues.	2	250	Faculty & Staff
FY 14-15	Substance Abuse Events	HLP	Promote healthy and responsible alcohol use, promote awareness of complications and consequences of using drugs at University-sponsored events.	2	426	Students
FY 14-15	Wellness Expo (3/4 & 3/5/15)	CL	Have students understand the importance of maintaining well balanced collegiate lives	2	300	Students
FY 14-15	“Whiskey Business” (3/5/15)	CL	Facilitate understanding of excessive alcohol consumption and risk management factors	1	35	Students

FY 14-15	Solo Cup Culture: Minimizing the Risks of an Alcohol-Soaked Campus Climate	CL	Major speaker for Alcohol Awareness Week: Jake Byczkowski	1	760	Students
July 1, 2015- June 30, 2016						
Date	Activity	Reporting Unit	Objective	# of Sessions	Total # of Participants	Primary Audience
Feb-Mar 2016	Core drug and alcohol survey	FACULTY	Quantify students' attitudes, perceptions, and opinions about drugs and alcohol, as well as actual behaviors, patterns of use, and consequences. The purpose of this survey is to provide quantitative assessments that inform and direct student life programming efforts/To describe self-reported alcohol and other drug use by FIU students.	1	615	Students
Jul 10 2015	SAMHSA Grant Number: 1H79SP020653-01, Advisory board meeting	FACULTY	Preliminary capacity building and needs assessment plans were shared with advisory board members. The "Know Your Numbers" and "Sex is Better" environmental prevention strategies were presented and were approved for implementation.	1	12	Students
Jul 14 2015	AOD Task Force Meeting with FIU Chief of Police	FACULTY	To discuss current enforcement practices and challenges of FIU Alcohol Regulation and as well as opportunities for collaboration, outreach, prevention programming was the topic of the meeting.	1	16	Students
FY 15-16	Cody the Camel Social Media Campaign	FACULTY	Utilize social networking sites to engage individuals and organizations in health promotion. Content is posted on Facebook, Instagram, and Twitter to enhance information sharing, encourage participation with our science-based messages and discussion of positive health behaviors.	-	Instagram: 490 Facebook: 108 Twitter: 48	Students
FY 15-16	Annual Employee Health Fair	EA	To offer free and confidential assessment, referral, treatment coordination and ongoing assistance to employees and dependents with substance use/abuse issues.	2	250	Faculty & Staff
FY 15-16	Alcohol and Drug Abuse Prevention Outreach Event	CAPS	CAPS pre-doctoral intern under the supervision of a licensed psychologist developed educational content to inform students about definitions of binge drinking, what 'drink responsibly' means in terms of NIDA definition of 'social drinking, impact of consumption of alcohol on brain functioning, as well as information about alcohol standard drink amounts. This outreach was done over a 4-hr period in a high traffic location with giveaways (t-shirts and pizza) to engage and inform students.	2	448	Students
FY 15-16	Solo Cup Culture: Minimizing the Risks of an Alcohol-Soaked Campus Climate	CL	Major speaker for Alcohol Awareness Week: Jake Byczkowski – 3/3/16	1	742	Students

FY 15-16	Know Your Resources: Lunch and Learn With CAPS	CL	Understanding the mental health impacts of alcohol use and abuse – 3/7/16	1	15	Students
FY 15-16	Drink, Drank, Drunk: Alcohol Impairment Simulation	CL	Students walk “the line” with “drunk goggles to simulate the experience of being under the influence while sober.-3/8/16	1	125	Students
FY 15-16	“Whiskey Business”	CL	Facilitate understanding of excessive alcohol consumption and risk management factors	1	40	Students

Alcohol or Drug Abuse Prevention Related Meetings

July 1, 2014- June 30, 2015						
Date	Activity	Reporting Unit	Objective	# of Sessions	Total # of Participants	Primary Audience
FY 14-15 (Monthly)	AOD Taskforce Meetings	FACULTY	The AOD Task Force is charged with reviewing the University’s drug and alcohol prevention programs and policies to ensure they align with the University’s commitment to the well-being of our students and employees and maintaining a safe and productive educational and work environment.	10	10-12	Faculty, Staff & Students
FY 14-15	Employee and family screening and counseling services	EA	Provide year-round confidential screening, individual and family counseling for employees and dependents with needs for substance abuse services.	Varies	Varies	Faculty & Staff
FY 14-15	Mandated Referral to FIU Counseling & Psychological Services	SCCR	Connect students with the myriad of supportive resources offered by CAPS for the purpose of promulgating a change in behavior and decision-making, as it relates to consumption of alcohol and other substances.	-	24	Students
FY 14-15	Reflection Paper – Marijuana & Alcohol	SCCR	Provide students with an opportunity to critically reflect on their conduct (specifically those tied to alcohol or drug consumption) and to articulate personally conceived strategies for reducing recurrence.	-	258	Students
FY 14-15	Student Conduct Meeting	SCCR	To challenge inappropriate and unhealthy conduct related to alcohol and drug use, and foster within student decision-making strategies which prevent recurrence.	547	456	Students
FY 14-15	Vicky Bakery Policy Review	FACULTY	AOD Task Force reviewed the proposed policy and advised Business Services Administration that the existing policies and procedures in accordance with FIU Alcohol Regulation 2505 were applicable and should be applied to this vendor.	-	10	Students and Staff
July 1, 2015- June 30, 2016						

Date	Activity	Reporting Unit	Objective	# of Sessions	Total # of Participants	Primary Audience
Apr - Aug 2015	Project Planning for SAMHSA Grant Number: 1H79SP020653-01 "Miami-Dade Partnership for Preventing Health Risks among Young Adults"	FACULTY	Needs assessment, strategic planning and capacity building for the SAMHSA-funded project which aims to: deploy (a) environmental (Substance use, HIV and Hepatitis C) prevention strategies at FIU, (b) point-of-care HIV/HCV testing at FIU and in Miami-Dade (1000 Hispanic young adults), and (c) media advocacy/awareness campaigns at FIU and in Miami-Dade.	3	15 advisory board members	Students
July 2015	Focus groups for SAMHSA grant "Miami-Dade Partnership for Preventing Health Risks among Young Adults"	FACULTY	Gain insights and pre-test environmental prevention materials (Substance use, HIV and Hepatitis C) designed by the team. Evaluate impact of merging the "Sex is Better" messages with "Turn Up Responsibly" message to fit under the "Know your Numbers" campaign. Well-received and goal was to create consistent designs so that there is one overarching campaign combining sexual health and substance abuse prevention.	3	20	Students
FY 15-16	Mandated Referral to FIU Counseling & Psychological Services	SCCR	To connect students with the myriad of supportive resources offered by CAPS for the purpose of promulgating a change in behavior and decision-making, as it relates to consumption of alcohol and other substances.	-	50	Students
FY 15-16	Online Education Program – 3 rd Millennium	SCCR	To provide students with a private opportunity for education related to substance use and abuse on their own time and within an online environment that is less intimidating than any in-person workshop.	-	135	Students
FY 15-16	Reflection Paper – Marijuana & Alcohol	SCCR	Provide students with an opportunity to critically reflect on their conduct (specifically those tied to alcohol or drug consumption) and to articulate personally conceived strategies for reducing recurrence.	-	160	Students
FY 15-16	Student Conduct Meetings	SCCR	To challenge inappropriate and unhealthy conduct related to alcohol and drug use, and foster within student decision-making strategies which prevent recurrence.	501	436	Students
FY 15-16 (Monthly)	AOD Taskforce Meetings	FACULTY	The AOD Task Force is charged with reviewing the University's drug and alcohol prevention programs and policies to ensure they align with the University's commitment to the well-being of our students and employees and maintaining a safe and productive educational and work environment.	10-12	12	Faculty, Staff & Students
FY 14-15	HPS	CAPS	Outreach events that provide information about high risk behaviors (binge drinking)	12	1472	Students

Alcohol or Drug Abuse Prevention Trainings

July 1, 2014- June 30, 2015						
Date	Activity	Reporting Unit	Objective	# of Sessions	Total # of Participants	Primary Audience
Aug - Sept 2014	Beginning of Year Team training sessions	ATHLETICS	Educate student-athletes on NCAA and institutional drug testing policies and review student athlete handbook	12	400	Students
Oct 19 2014	Substance Abuse Training	FACULTY	To educate nursing SALSA Student Peer Educators on alcohol, marijuana, and designer drugs and negative consequences of these substances	1	8	Students
Jan 2015- Apr 2015	Core drug and alcohol survey	FACULTY	Quantify students' attitudes, perceptions, and opinions about drugs and alcohol, as well as actual behaviors, patterns of use, and consequences. The purpose of this survey is to provide quantitative assessments that inform and direct student life programming efforts/To describe self-reported alcohol and other drug use by FIU students.	1	450	Students
Apr 5 2015	Alcohol Awareness Presentation	HLP	Provide alcohol awareness to first-year students in SLS 1501: <i>First Year Experience</i>	1	17	Students
Apr 9 2015	Screening, Brief Intervention and Referral to Treatment (SBIRT) Training	FACULTY	To assist health care personnel/providers to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol and drugs, particularly to prevent the unhealthy consequences of alcohol and drug use among those whose use may not have reached the diagnostic level of a substance use disorder	1	34	Faculty and Staff
Apr 23 2015	Alcohol and Drug Abuse Prevention Outreach Event	CAPS	Utilized an Alcohol Abuse Screening Instrument so that students could determine if their answers to standardized questions suggested that they would benefit from intervention. Also, provided pamphlets about counseling services, the opportunity to take the CUDIT-R (cannabis dependence screening self-test). 2.5 hours – screening instruments interpreted by pre-doctoral interns at Counseling and Psychological Services under supervision of licensed psychologist. Peer Educators presented educational games to provide information about alcohol use, abuse, binge drinking and common drugs that are abused by college students.	1	114	Students
FY 14-15	Anonymous Online Screenings	CAPS	Provide opportunities for individuals concerned about their use of alcohol or other drugs to complete anonymous self-assessments (linked to Counseling and Psychological Services website)	13	13	Students
FY 14-15 (Weekly)	HIV Testing - HLP	HLP	HIV testing and provide information about risk factors (alcohol and substance abuse)	-	721	Students
FY 14-15	New Employee Orientation	EA	Promote awareness of FIU's drug free workplace policy and encourage compliance. To offer free and confidential assessment, referral, treatment coordination and ongoing assistance to employees and dependents with substance use/abuse issues.	24	480	Faculty & Staff
FY 14-15	Online Education Program – 3 rd Millennium	SCCR	Provide students with a private opportunity for education related to substance use and abuse on their own time and within an online environment that is less intimidating than any in-person workshop.	-	213	Students

FY 14-15 (Bi-Monthly)	Presentations	CAPS	Classroom presentations developed and presented by health educators and peer educators	6	543	Students
FY 14-15	Sexual Health and Substance Use and Abuse Presentations	HLP	Promote safe sex practices, and promote awareness of potential consequences of having sex under the influence of alcohol/drugs in classrooms, sororities and fraternities.	46	722	Students
FY 14-15	Sexual Health and Substance Use and Abuse Events	HLP	Promote safe sex practices, and promote awareness of potential consequences of having sex under the influence of alcohol/drugs at University-sponsored events.	2	200	Students
FY 14-15	Substance Abuse Presentations	HLP	Promote healthy and responsible alcohol use, promote awareness of complications and consequences of using drugs in classrooms.	2	228	Students
FY 14-15	HPS Presentation	CAPS	Classroom presentations developed and presented by 2 health educators and 6 student staff	10	541	Students
FY 14-15	HPS Presentations	CAPS	"Red Zone" Classroom presentations to provide information about the connections between binge drinking, substance abuse, and sexual assault	6	298	Students
July 1, 2015- June 30, 2016						
Date	Activity		Objective	# of Sessions	Total # of Participants	Primary Audience
Aug – Sept 2015	Beginning of Year Athletic Team meetings	ATHLETICS	Educate student-athletes on NCAA and institutional drug testing policies and review student athlete handbook	12	400	Students
Aug 15 2015	Substance Abuse Training	FACULTY	To educate nursing SALSA Student Peer Educators on alcohol, marijuana, and designer drugs and negative consequences of these substances	1	10	Students
Sep 14 2015	Tobacco Free Florida Training	HLP	Tobacco Cessation Facilitator Training	1	5	Faculty and Staff
Sep & Nov 2015	First Year in College Classroom Presentations	HLP	Alcohol Awareness – provide information about standard drinks, definitions of 'social drinking' and 'binge drinking' and connections between alcohol and drug abuse and high risk behaviors.	4	77	Students
Nov - Mar 2016	Screening, Brief Intervention and Referral to Treatment (SBIRT) Training	FACULTY	To assist health care personnel/providers to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol and drugs, particularly to prevent the unhealthy consequences of alcohol and drug use among those whose use may not have reached the diagnostic level of a substance use disorder	3	31	Faculty and Staff
Mar 8 2016	"Drinking Games" w/ MPAS	HLP	Alcohol Abuse Prevention event in collaboration with Multicultural Programs and Services Department	1	12	Students
Mar 12 2016	"Safe Spring Break" w/ CAPS	HLP	Alcohol Abuse Prevention event	1	12	Students
FY 15-16	Employee and family screening and counseling services	EA	Year-round confidential screening, individual and family counseling for employees and dependents with needs for substance abuse services.	Varies	Varies	Faculty & Staff

FY 15-16	New Employee Orientation	EA	To promote awareness of FIU's drug free workplace policy and encourage compliance. To offer free and confidential assessment, referral, treatment coordination and ongoing assistance to employees and dependents with substance use/abuse issues.	24	480	Faculty & Staff
FY 15-16	OEA Supervisory Training	EA	Year-round, onsite, employee assistance training available (by request) for FIU supervisors. The goal: to educate management on how to address employee concerns and need for assistance with emotional or substance abuse issues, as necessary. Guidance and tips for how to refer to the OEA are offered.	Varies	Varies	Faculty & Staff
FY 15-16 (Weekly)	HIV Testing - HLP	HLP	HIV testing and provide information about risk factors (alcohol and substance abuse)	-	435	Students
FY 15-16	Sexual Health and Substance Use and Abuse Events	HLP	To promote safe sex practices, and promote awareness of potential consequences of having sex under the influence of alcohol/drugs	6	334	Students
FY 15-16	Sexual Health and Substance Use and Abuse Presentations	HLP	To promote safe sex practices, and promote awareness of potential consequences of having sex under the influence of alcohol/drugs	58	1054	Students
FY 15-16	Substance Abuse Events	HLP	To promote healthy and responsible alcohol use, promote awareness of complications and consequences of using drugs	10	550	Students
FY 15-16	Substance Abuse Presentations	HLP	To promote healthy and responsible alcohol use, promote awareness of complications and consequences of using drugs	5	636	Students
FY 15-16 (Monthly)	HPS	CAPS	Presentations	10	541	Students
FY 15-16 (Monthly)	HPS	CAPS	Presentations	60	1660	Students
FY 15-16 (Weekly)	Cody the Camel Wednesday "Hump Day" outreach	FACULTY	Promote responsible alcohol use, and prevention substance abuse, risky sexual practices, and HIV through tabling events in the student union.	19	Unable to quantify message exposure	Students
FY 15-16	Alcohol only-related Programs held by RAs	RESLIFE	Alcohol Awareness – provide information about standard drinks, definitions of 'social drinking' and 'binge drinking' and connections between alcohol and drug abuse and high risk behaviors.	14	337	Students
FY 15-16	Classroom Presentations	CAPS	Increase knowledge about sexually transmitted diseases and high risk factors such as binge drinking and substance abuse that are connected to high risk, unprotected sexual activity	107	1804	Students
FY 15-16	Drug only-related Programs held by RAs	RESLIFE	Provide information about drug abuse and consequences on academic success, and progress toward degree completion as well as negative consequences on interpersonal relationships and community cohesiveness	6	93	Students
FY 15-16	Alcohol & Drug-related Programs held by RAs	RESLIFE	Provide information about alcohol and drug abuse and the consequences of these problematic behaviors on academic success, and progress toward degree completion as well as negative consequences on interpersonal relationships and community cohesiveness	1	18	Students

FY 15-16	Online Screenings	CAPS	Provide opportunities for individuals concerned about their use of alcohol or other drugs to complete anonymous self-assessments (linked to Counseling and Psychological Services website)	-	67	Students and Staff
FY 15-16	Sober Monitory Training	CL	Training for students to serve in the role of sober monitors for fraternity and sorority life	3	365	Students