CAREER AND PERSONALITY ASSESSMENTS

Let FIU Career Services administer a personality and interest assessment to help you develop a career goal that best suits your interests.

### Myers-Briggs Type Indicator
**MBTI-----Personality (TYPE-4 letters)**
- 50 Most often selected careers
- 20 Least often selected careers

**Measures:**
- Extraversion (E) --- Introversion (I)
- Sensing Perception (S) ---- Intuitive Perception (N)
- Thinking Judgment (T) ------ Feeling Judgment (F)
- Judging (J) ------------------ Perceiving (P)

**Note:**
Looks at everything, fit based on personality.

### STRONG Interest Inventory
**STRONG----Interest (CODE-3 letters)**
- Top 5 Interest areas
- Top 10 Strong occupations
- 5 Personal Style Scales

**Measures:**
- Realistic (R)
- Investigative (I)
- Artistic (A)
- Social (S)
- Enterprising (E)
- Conventional (C)

**Note:**
Looks at interest. Do you like or are interested in an area.

#### Assessment:
- 30-45min
- NO disruptions
- Morning-clear mind
- No activities that may influence their responses before taking the assessment

#### Sample Questions:
- How can I help you (Tell me what you have done, why you want to take the assessment, what you are hoping to find)
- Would you like to explore careers (MBTI) or determine or narrow down your career from certain choices (STRONG)?
- Have you done research and still have no clues or undecided (MBTI) or have you done some research and still undecided but considering certain areas or have specific taste (STRONG)?
- Would you like to expand and look at other options (MBTI) or narrow down to a specific area or possible careers (STRONG)?
- Do you like a little bit of everything or are you more selective (activities, classes, hobbies, events)?
- Are you a math or science person or an arts and communications person?
- Have you tried courses in different areas, have you been exposed to different fields?
- What type of courses do you like most (theory or hands on)?
- Can you picture yourself in a job; do you have an idea or no clue?
- Can you do a job even if you are not interested?