This brochure is for individuals seeking exercise routes on and around the FIU Modesto A. Maidique campus, including the FIU Nature Preserve Jogging Path. Some trails lend themselves for jogging, some for just for walking, and others can be used for both activities.

Be cautious and aware that several trails cross over or run parallel to busy city streets, so please adhere to all traffic regulations. Be courteous to pedestrians on campus sidewalks. Several areas are not lighted at night, and others sometimes go off the sidewalk/pavement. In addition, construction work or campus events may create temporarily detours.

Use of these trails is strictly voluntary, and the Wellness & Recreation Center is not liable for injuries or circumstances which may occur while using these trails. Run safe, run smart!